## **Happenings for The Town of Plainville 4-16-2018**

#### PLAINVILLE HISTORICAL SOCIETY

O The Plainville Historical Society is hosting a **Mystery Night at the Museum** on Tuesday April 17<sup>th</sup> at the Historic Center at 29 Pierce Street. The program begins at 7 PM with doors opening at 6:45 PM for those "History Detectives" who want a head start in trying to identify artifacts and photographs from our collection. From kitchen gadgets and school photos to items related to World War II, the Fabulous Fifties, and our manufacturing legacy. And refreshments will be served!

# PLAINVILLE SENIOR CENTER

- LIVE WELL WITH DIABETES WORKSHOP EVERY TUESDAY, APRIL 17 MAY 29, FROM 12:45 3:15 pm (NO PROGRAM MAY 8)
  - o In this free six-part series, you will learn:
  - Meal planning and managing blood sugar
  - o How to fight fatigue and deal with stress
  - o How to care for your feet, and
  - o How to set small, achievable goals
- LOSING SIGHT & SOUND WITHOUT LOSING YOUR CONFIDENCE THURSDAY, APRIL 19 AT 9:30 A.M.
  - If you are an older adult with both hearing and serious vision loss, or if you care for a senior with these disabilities, this free 2-hour seminar will teach simple strategies to improve communication. Technology devices will be demonstrated and resources will be provided. Presented by the Eastern CT Chapter of the Hearing Loss Association of America.
- WHAT'S ON YOUR PLATE? KEYS TO LIVING A HEALTHY & ENERGETIC LIFE *THURSDAY, APRIL 19 AT 3:00 P.M.* 
  - If you suffer with poor digestion, aches and pains and lack of energy, this free program will teach you simple strategies to feel better and change your mind set about "what's for dinner." You will also discover areas of your life that are in or out of balance and leave with some tips for living a healthier life.
- NUTRITION FOR ARTHRITIS SYMPTOMS THURSDAY, MAY 3 AT 10:00 A.M.
  What if anything can nutrition do for arthritis? Among the shelves of expensive supplements, which are really beneficial and which might be a waste of money? Join Miles Everett RN, RD, CDE to take a look at this issue.

Call the Senior Center at 860-747-5728 to register for any of these free programs.

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- o Saturday, April 28th the Library will be hosting their second showing of the Monthly Movie Matinee: *The Darkest Hour* at 1:30 PM. The film is PG.
- Thursday, May 10<sup>th</sup> at 1:00pm & Saturday, May 26<sup>th</sup> at 1:30pm Monthly Movie Matinee: The Greatest Showman
- Thursday, May 17<sup>th</sup> at 6:30pm John Root presents "Attracting Birds and Butterflies to your Garden"

#### PLAINVILLE PUBLIC WORKS

o Property Owners will be able to schedule their one bulk pick up free of charge either in the spring or in the fall. Bulk collection for 2018 will take place on Mondays during the following periods: April 9 through June 25, 2018 (excluding Monday, May 28, due to Memorial Day) and September 10 through October 29, 2018. Eligible residents must call CWPM at 860-793-6721 to schedule a pickup. When calling, you will need to provide your name, address, phone number and a complete description of the items to be collected. Calls placed by 3:00pm Friday can be scheduled for collection on Monday. If there is a high volume of collection they will continue the following day.

\*\*Please Note: **Pickups must be scheduled by property owners**. Multi-family residents (2-5 units) must also be scheduled by property owners/landlords.

Bulk items should be placed curbside <u>no more than 24 hours before your scheduled</u> pickup. Bulk items must not block or create a safety concern for sidewalks or walkways.

Bulk collections are for residential only. Please keep weekly trash separate and miscellaneous iron/steel separate from bulk. For a list of acceptable bulk items, please scroll down the bottom of this page. Questions, can be referred to Public Works Administration at 860-793-0221 x208.

o There will be Hazardous Household Waste Collection at the Burlington Highway Garage on Saturday April 21, 2018 from 9:00am to 1:00pm. The Burlington Highway Garage is located at 66 Belden Road, Burlington, CT 06013. All residents are required to bring photo ID when attending any of the collection locations. This is the only hazardous waste collection for residents taking place during the Spring.

# Happenings for The Town of Plainville 4-16-2018

- On Thursday, April 5, the United Way of West Central CT presented the Town of Plainville with the "Change Maker Award" at their 16th Annual Community Builders' Reception. The Award recognizes an individual, company or community collaboration that demonstrates the ability to create and/or implement positive change.
- Over the past two years, the Town of Plainville has increased their United Way campaign contributions by 12.7%! A BIG Thank You to Town Employees! Their generosity has had a positive impact on local programs and community initiatives funded by United Way of West Central CT.
- Assistant Town Manager Shirley Osle attended the reception and accepted the award on behalf of the Town.