## PLAINVILLE COALTION FOR POSITIVE YOUTH DEVOLOPMENT

 Will be presenting "A Discussion & Forum on Substance Abuse in Our Families & Our Community on Thursday, April 6, at 6:15pm in the Plainville Middle School Auditorium, at 150 Northwest Drive. The Forum panel will present an overview of some of the current substance abuse related topics and a discussion featuring state and local community leaders, persons in recovery, family members and more. Panel members will share their knowledge, expertise, and personal stories regarding substance abuse, addiction, and recovery.

## PLAINVILLE SENIOR CENTER

- RUN YOUR WAY TO A 5K, INFORMATIONAL MEETING: TUESDAY, MARCH 14, 9:00 A.M.: Have you ever wanted to run or run/walk a 5k (3.1 miles) race? All you need is a desire to challenge yourself, improve your fitness, dig deep and open your heart and mind to all the possibilities that running provides! Led by seasoned running coach, Rich Dillion, you will be able to successfully complete a 10 week "couch to 5k" running program which will combine weekly group workouts of run/walk interval training sessions. The program will culminate with the Amica Iron Horse Boulevard 5k Race in Simsbury on Sunday, June 4th. The training program officially begins on Tuesday, April 4th at 9:00 and will continue on Tuesdays until May 30th. Training sessions will leave from the Senior Center and will run through the Senior Center neighborhoods. COST: \$20.00 includes training and commemorative t-shirt. Please register for the informational meeting by contacting the Plainville Senior Center at 860-747-5728.
- GRANDPARENTS/RELATIVES RAISING GRANDCHILDREN, TUESDAY, MARCH 21, 10:30 A.M.: If you are a grandparent or relative who is raising a grandchild, niece or nephew, you are not alone. Millions of children are living in grandparent-headed households, where the grandparents and relatives are responsible for the needs of children. Share resources, ideas, struggles, joys and more with others who are raising their grandchildren. *Funding for this program is made possible in part by the Older Americans Act through the North Central Area Agency on Aging.* Please call the Plainville Senior Center at 747-5728 to register.

## PLAINVILLE PUBLIC WORKS

Property Owners will be able to schedule their one bulk pick up free of charge either in the spring or in the fall. Bulk collection for 2017 will take place on Mondays during the following periods: April 17 through June 26, 2017 (excluding Monday, May 29, Pickup will be done on 5/30/17 due to Memorial Day) and September 11 through October 30, 2017. Eligible residents must call CWPM at 860-793-6721 to schedule a pickup. When

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calling, you will need to provide your name, address, phone number <u>and a complete</u> <u>description of the items to be collected</u>. Calls placed by 3:00pm Friday can be scheduled for collection on Monday.

\*\*Please Note: **Pickups must be scheduled by property owners**. Multi-family residents (2-5 units) must also be scheduled by property owners/landlords.

Bulk items should be placed curbside <u>no more than 24 hours before your scheduled</u> <u>pickup</u>. Bulk items must not block or create a safety concern for sidewalks or walkways.

Bulk collections are for residential only. Please keep weekly trash separate and miscellaneous iron/steel separate from bulk. For a list of acceptable bulk items, please scroll down the bottom of this page. Questions, can be referred to Public Works Administration at 860-793-0221 x208.

• Hazardous Waste Collection for 2017 will be:

April 22 Behind Plymouth Town Hall 80 Main Street, Terryville

May 6 Plainville Highway Garage End of Granger Lane

All residents are required to bring photo ID when attending any of the collection locations.