

Happenings

Reported at the Town Council Meeting on July 17, 2023 Andy Cirioli, Assistant Town Manager

PROPERTY TAX BILLS - TAX/REVENUE COLLECTION

Property tax bills were sent to residents during the first week of July. If residents did not receive a bill, they should contact the Tax/Revenue Collection office. All taxes are due by August 1st.

PUBLIC LIBRARY

For information on Library programs, including registration, call the Plainville Public Library at 860-793-1446 or visit www.plainvillect.com/library.

Summer Library Adventures 2023

- Wednesday, July 19th at 5:00pm: Teens in grades 7-12 will make an easy hand sewn game of tic-tac-toe.
- Thursday, August 10th at 6:00pm: Al deCant's "Rockin' with Pete the Cat". All ages are
 welcome to attend. Participants can get their picture with Pete the Cat and hang out for
 this toe-tapping show filled with great music and audience participation.

Master Wildlife Conservationist with DEEP

 Wednesday, July 19th at 6:30pm: Ginny Apple will present Bobcats in Connecticut. All ages are welcome to attend. Participants will learn about the natural history of bobcats in Connecticut and their habitat.

CENTRAL CT CHAMBER OF COMMERCE

32nd Annual Golf Tournament

- Monday, August 7 at Tunxis Country Club at 87 Town Farm Road in Farmington
- Register online at www.centralctchambers.org.

SENIOR CENTER

For information on Senior Center programs, call the Plainville Senior Center at 860-747-5728. All programs are free and open to the public unless otherwise indicated.

Memory Café at the Senior Center

- Thursday, July 20, 2023, at 2:00 PM & Thursday August 17, 2023, at 2:00 PM
- Memory Café is a warm & welcoming program for individuals with memory loss. Anyone experiencing memory loss is welcome to attend with their loved ones or caregivers.

Spruce Up Your Salads: DIY Healthy Salad Dressings

- Tuesday, July 25, 2023, at 10:30 AM, Cost: \$3.00. Instructor: Jessica Dorner, Registered Dietitian
- Learn how to make your own salad dressings using mostly pantry ingredients, get recipes and informational handouts, and be able to take home at least one sample dressings.

Book Buds June Book: "The Lost Apothecary" by Sarah Penner - Members Only

- Friday, July 28, 2023, at 10:00 AM
- A secret apothecary shop in London is discovered and an unauthorized historical exploration ensues. The book is available at the main desk at the Plainville Public Library.

Are You Strong Enough? Lunch and Learn Program

- Thursday, August 3, 2023, at 11:30 AM. Register by July 31, 2023
- FOX Rehabilitation will discuss the benefits of physical activity with chronic health conditions that can be managed with exercise. Co-sponsored by The Pines of Bristol, complimentary bagged lunch provided.

Boost Your Brain Health by Eating Well

- Tuesday, August 8, 2023, from 1:30 PM to 2:30 PM
- Presentation hosted by Farmington Station Senior Living, learn how easy nutrition guidelines and recipes can get you started on the road to a healthier mind, improved memory, and whole-body health.

Breakfast Club - Men and Women Invited

- Tuesday, August 15, 2023, at 9:00 AM
- An informal breakfast at a local Plainville restaurant with a great group of friends. You'll order (and pay on you own) off the menu.

Help for Veterans

- Tuesday, August 15, 2023, at 10:00 AM by appointment 203-805-6340
- Call Jason Coppola, Veterans Service Officer, to find out your status, needs and paperwork required to prepare for a face-to-face appointment at the Senior Center.

Caregiving Guilt and Duty: It's Complicated Isn't It

- Tuesday, August 15, 2023, at 11:00 AM
- A discussion surrounding the guilt and duty of caregiving: What is Guilt and Duty? Ways
 of managing caregiver guilt. Ways to improve your health and wellbeing. How
 Technology can help.

White House Memories Part II

- Tuesday, August 15, 2023, at 2:00 PM
- Presentation by Former White House Butler Alan DeValerio.