

Happenings

October 2, 2023

Fire Marshal Ron Dievert's annual poster contest began Monday, October 2, 2023. All fourth and fifth grade students will have the month of October to create a fire safety poster for the latest calendar. Winners will be selected by a three-person panel randomly selected, and during the November or the December Council meeting, I believe you'll do the presentations.

The Town Clerk's Office would like to remind everyone Absentee Ballots will be mailed out this Friday October 6th. Residents in need of voting by absentee ballot can contact the Town Clerk's Office at 860-793-0221 ext. 8751, or go to the Town Website for additional information at www.plainvillect.com

The Chamber of Commerce is hosting their Regional Annual Dinner & Silent Auction on Thursday, October, 26, 2023 at 5:30 p.m., for additional information the website address is www.centralctchambers.org

SENIOR CENTER HAPPENINGS
TO REGISTER FOR FREE PROGRAMS, PLEASE CALL THE SENIOR CENTER AT
(860)747-5728.

Goat Party – Members Only · Wednesday, October 4 from 2:00 PM to 3:00 PM Norton Park Pavilion

· Petting, feeding and snuggling with the goats from Got Your Goat, Washington Depot.

Caregivers Toolbox: A Dinner Education for Caregivers of Elders

· A weekly series on Wednesdays October 4, 11 and 18 from 5:30 PM to 7:00 PM.

· The series will provide caregivers with the tools they need to allow their loved ones to remain safe and live at home for as long as possible while reducing caregiver burnout.

Light dinner will be served.

- Grant is given from the Plainville Community Fund at the Main Street Community Foundation.

Caregiving Connections -- Tuesday, October 10, at 10:00 AM

- Connect with other caregivers at the Senior Center to support one another on our journeys and recognize the challenges and frustrations of 24/7 caregiving.

Visit with Victoria · Wednesday October 11 at 2:30 PM—3:30 PM

- Meet the Senior Center's new Assistant Director, Victoria Nadolski.

Help for Veterans · Tuesday, October 17, at 10:00 AM by appointment – 203-805-6340

- Call Jason Coppola, Veterans Service Officer, to find out your status, needs and paperwork required to prepare for a face-to-face appointment at the Senior Center.

Grandparents Raising Grandchildren · Tuesday, October 17, at 10:30 AM

- Share resources, ideas, struggles, joys and more with others who are raising their grandchildren.

Fall Prevention Class · Tuesday, October 17, 11:00 AM to 11:30 AM

- Nancy Pandolfo, Silver Sneakers Instructor will host a complimentary class on balance and tips on how to prevent falls.
- You are welcome to stay for a free demo of the Balance Class at 11:45 AM.

Veterans Benefits Talk · Tuesday, October 17, at 1:00 PM

- Join Jason Coppola, Veterans Service Officer, CT Department of Veterans Affairs who will talk about the Federal Benefits available for Veterans and their spouses.
- Veterans of any age are invited to attend.