

NEWS & EVENTS

JULY 2022

Shawn Cohen, Director

Ronda Guberman, Assistant Director

200 East Street, Plainville, CT 06062

860.747.5728

www.plainvillect.com/senior-center

Senior Center Hours: Monday 9:00—6:00 pm, Tuesday, Weds, Thursday 9:00—5:00 pm, Friday 9:00—1:00 pm

Stephanie Soucy, Senior Center Social Worker, is available to assist with concerns about food stamps, caregiving, financial assistance, Medicare, assistance at home & more. No question is too small. Call (860)747-5728.

***UPDATE: THE CAREGIVING CONNECTIONS GROUP WILL NOW BE MEETING ON JULY 19 AT 10 A.M. ***

THE SENIOR CENTER LE PETIT CAFÉ HAS REOPENED!

Join us for lunch in the cafe on **Tuesdays and Wednesdays, 11:30 - 1:00**. No advance reservation needed. Order what you wish! We have a limited, but delicious menu of freshly prepared items. **CASH OR CHECK ONLY!**



July 5 & 6: BLT, Harvest Turkey Panini or Chef Salad
July 12 & 13: BLT, Egg Salad Sandwich, Egg Salad over Fresh Greens, Cobb Salad
July 19 & 20: BLT, Corned Beef Reuben, Fresh Mozzarella, Tomato & Basil Salad
July 26 & 27: BLT, Grilled Cheese, Center Salad

COVID VACCINATION CLINIC –JULY 18, 10–3:45

Hartford Healthcare will hold the clinic at the Senior Center. Moderna & Pfizer available. If you had your first booster before March 18, you can receive your second booster shot. People can also receive their other shots (1st, 2nd and 1st Booster). Open to the public. Check CDC website for age vaccination eligibility (www.cdc.gov). Call to register.

ALL YOU NEED TO KNOW ABOUT USING A FIRE EXTINGUISHER AT HOME & FREE RAFFLE!

WEDNESDAY, JULY 20, 11:00 A.M. FREE! CALL TO REGISTER OR SIGN UP ONLINE. Plainville Fire Marshal Ron Dievert will demonstrate how to safely use a fire extinguisher in your home. Ron will also talk about suitable fire extinguishers for home use, why you should have one & what to purchase. All who attend the program will be eligible for a **free raffle drawing** to win either a fire extinguisher or a fire/carbon monoxide detector!



TABLE FOR TWO-HEALTHY MEALS FOR TWO

TUESDAY, JULY 19, 2 P.M. FREE! Call the Senior Center or register online at: www.schedulesplus.com/plainville.

Join Registered Dietitian Jessica Dorner from ShopRite of Bristol to learn tips & tricks for making small yet healthy meals for one or two people. From nutrition to recipes, this lecture will have it all.



New Quilting Classes! See page 3.

Free diabetes program explains how to eat for optimal diabetes control. See page 2.

Veterans Social Hour set for July 26. See page 12.

Mobile Dental Clinic returns again. See page 2.

RENTERS REBATE PROGRAM AVAILABLE. See page 2 for details.

Dial-A-Ride Drivers needed! See page 3.

AARP class is back in person! See page 2.



Snappy Seniors are back & meeting July 21 at 10:30 a.m. See page 10.

PROGRAMS, SUPPORT GROUPS & EVENTS

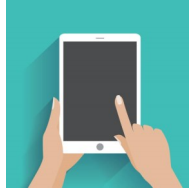
DO YOU HAVE A QUESTION ABOUT YOUR i-PHONE OR i-PAD?

FRIDAYS, JULY 1, 15 & 29

BY APPOINTMENT ONLY.

SIGN-UP HAS BEGUN.

Christine Millette, a Senior Center Volunteer, will be available on **Friday, July 1, 15 & 29**, by appointment between **10-11:30 a.m.** to answer questions and provide assistance on i-Phones or i-Pads. She cannot assist with Android phones or tablets. She can provide basic assistance with adding contacts, calendar appointments, photos, adding apps, texting & e-mails. Call for an appointment.



DECODING DIABETES

THURSDAY, AUG. 11, 10 A.M.

FREE, SIGN-UP BEGINS JULY 6.

Registered Dietician Jessica Dorner from ShopRite of Bristol will discuss how diabetes develops, affects our body, how to eat for optimal diabetes control, and will share recipes & tips for easy diabetes management and more. **Call the Senior Center or register online at: www.schedulesplus.com/plainville.**



DENTAL CLINIC RETURNS AGAIN TO SENIOR CENTER!

The Community Health Center Mobile Dental Clinic will be offering preventative dental services by appointment on

August 17 & 18. To schedule an appointment, call Monica Caseley at (475)241-7375. Services include x-rays, cleaning, fluoride & oral health education. For patients with no dental insurance, a standard fee of \$30 for cleaning, x-rays and fluoride applies. Patients unable to afford the \$30 fee can contact Stephanie Soucy, Plainville Senior Center Social Worker, for scholarship information.

STAY SAFE-AND SAVE- WITH THE AARP SMART DRIVER COURSE

THURSDAY, AUGUST 25, 12:30-4:30 P.M.

COST IS \$20 - AARP MEMBERS. \$25- NON-AARP MEMBERS. SIGN-UP BEGINS JULY 6.

SPACE IS LIMITED.

The AARP Smart Driver course teaches valuable defensive driving strategies and provides a refresher for the rules of the road. Drivers learn research-based tips to adapt their driving to compensate for physical & cognitive changes that may occur with aging. Plus, you may qualify for a multi-year automobile insurance discount by completing the course (check with your auto insurance agent for details).



RENTERS REBATE PROGRAM

The Town of Plainville's Assessor's Office has begun to make appointments to take applications for the Renters Rebate Program for elderly and disabled renters. Income requirements for the Renters Rebate are: for single people \$38,100, and married couples \$46,400.

Qualifications for the renter's benefit are:

- Applicants must have been 65 years old prior to Dec. 31, 2021, or have a 100 percent disability rating from the Social Security Administration.
- Applicants must have been a resident of CT for any one year.
- Persons filing must provide a copy of their 2021 SSA 1099 from Social Security & their 2021 income tax return. If not required to file a return, they must supply copies of their 1099s from all sources of income.
- Renters applicants must also have rent receipts for all 12 months of 2021 and all utility receipts for 2021

Call the Assessor's Office for an appointment at (860) 793-0221, ext. 7134.

CAREGIVING CONNECTIONS - Join your caring friends on **Tuesday, July 12, at 10 a.m.** at the Senior Center as we support one another on our journeys and recognize the challenges and frustrations of 24/7 caregiving, especially during these trying times. You must register to attend. Call the Senior Center to register.

STAY COOL AT ADULT SWIM AT BERNER POOL

The Plainville Recreation Dept. offers an **Adult Swim** at the Elizabeth A. Berner Pool located at Norton Park, 197 South Washington Street, **Monday through Friday from 5:00-6:00 p.m.** For more information, call the Plainville Recreation Dept. at (860)747-6022 or go to plainvillect.recdesk.com.

MEGA SIGN-UP DAY JULY 6, 9:15 A.M. to 4:45 P.M.

Members may sign up for new classes, trips and programs. If an event is free, call the Senior Center to register or register online. If payment is due, you must come in to register. We accept cash and checks made out to Plainville Senior Center only.

CLASSES & PROGRAMS

NEW QUILTING CLASSES!

ALL CLASSES TAUGHT
BY DARLENE BACHAND,
MAXIMUM 10 STUDENTS
PER CLASS. SUPPLY LISTS
PROVIDED UPON
REGISTRATION.
SAMPLES ON DISPLAY IN
SENIOR CENTER SHOWCASE.

YOUR FABULOUS MUG RUG

WEDNESDAYS, JULY 6 & 13, 9:30-11:30 A.M.

SKILL LEVEL INTERMEDIATE, COST: \$4.00

This fused/machine appliqued mug rug is perfect
for you, or a gift for someone.

Two weeks of classes.



QUILTER'S STITCH 'N TIME

WEDNESDAY, JULY 20

9:30-11:30 A.M.

SKILL LEVEL: ALL, COST: \$2.00.

SIGN-UP BEGINS JULY 6.

The perfect time for you to work
on, start or finish your project!

QUILT-AS-YOU-GO TABLE RUNNER

WEDNESDAYS, JULY 27, AUG. 3, 10 & 24.

9:30-11:30 A.M.

SKILL LEVEL: INTERMEDIATE

COST: \$8.00. SIGN-UP BEGINS JULY 6.

A great project that is totally quilted as you sew!
You will want to make it again and again.

POCKET PILLOW

WEDNESDAY, AUG. 31, 9:30-11:30 A.M.

SKILL LEVEL: ALL, COST: \$2.00.

SIGN-UP BEGINS JULY 6.

Just add a storybook to this easy project to make a
great gift for that little someone you know!

CALENDAR & READING MATERIAL COLLECTION FOR VETS

Please help our Vets by donating 2022 calendars,
current magazines, soft cover books (no hard cover
books) for the Rocky Hill Veterans Home. Bring these
items to the Senior Center for collection.

DIAL-A-RIDE DRIVERS NEEDED!

The Plainville Senior Center is looking for on-call
drivers for our Dial-a-Ride Program. Drivers must
have a CDL or F-endorsement in order to drive
our wheelchair lift-equipped bus. Training and
hourly wage provided. Hourly range between
\$15.50—\$16.61. Hours are on-call to assist
when regularly scheduled drivers are out or
when the schedule is busy and more drivers are
needed. F-endorsement is now easier to obtain
and can be done without going to DMV and can
be completed in two weeks. Contact Shawn or
Ronda at the Senior Center for more information
or visit www.plainvillect.com for an application.

ZIPPERED CANDY BAG

TUESDAY, JULY 12, 10 A.M.-12:00 P.M.

INSTRUCTOR: EVELYN MORIN, COST: \$4.00.

SUPPLY LIST AVAILABLE AT REGISTRATION.

SIGN-UP BEGINS JULY 6. LIMIT OF 8 STUDENTS.

We aren't sugar-coating anything when we say
you'll definitely get a smile everywhere you go
when you pull out this delightful zipper pouch
from a candy bag. Fill it with your keys, a card, a
little cash and some lip balm. Better yet, fill it
with candy and give as a gift! Thank about all the
wrappers you can use, including potato chip
bags. Sample in showcase.

BEWARE OF DISTRACTION-STYLE THEFT

Area police have reported an increase in dis-
traction-style thefts. Here are some tips to help
protect you:

- * Distraction thieves are often well-dressed &
target elderly victims and retail businesses.
- * Suspects often work in pairs & may wait for
you to enter your vehicle and then the distract-
er will lure you out trying to report a problem
they have or an issue with your vehicle.
- * Be aware of your surroundings & be wary of
strangers.
- * If you exit your vehicle to speak to someone,
lock & close your vehicle doors.
- * Place valuables in a hidden area in your vehi-
cle. If your purse has a zipper, utilize it.
- * Park in a well-lit, visible area.
- * Immediately report any suspicious behavior
to the police.

OUTDOOR ADVENTURE

LAKE ZOAR KAYAKING, MONROE

SATURDAY, JULY 16, LEAVES SENIOR CENTER

9 A.M., RETURNS APPROXIMATELY 2:30 P.M.

COST: \$38.00 (INCLUDES 2-HOUR KAYAK RENTAL, LIFE JACKET, TRANSPORTATION).

Enjoy a two-hour kayak ride on Lake Zoar in Monroe. Must have prior kayaking experience. Lessons aren't provided. Lake Zoar is a reservoir on the Housatonic River. Then enjoy a picnic lunch (on your own) at the Lake Zoar Drive-In, voted "best burger" in Connecticut by CT Magazine! Bring water, sunscreen, hat, towel and a dry change of clothes and shoes.

RATTLESNAKE MT. HIKE, ROUTE 6, FARMINGTON

FRIDAY, JULY 22, CARAVAN FROM SENIOR CENTER

AT 8:45 A.M. RETURN AT 11:30 A.M. COST: \$3.00.

PAYMENT DUE AT REGISTRATION.

LEADER: JARED SCOVILLE

Rattlesnake Mountain offers fantastic views of Hartford, Plainville, and Southington. The trail is heavily wooded with moderate to difficult inclines at times. **This hike is for intermediate to advanced hikers only:** people who walk regularly and maintain a consistent level of physical activity by working out in a fitness center, etc. There is one prolonged hill climb, then 2 smaller hill climbs on the way up, then only 1 main hill on the way back down. The total mileage for the hike is just over 2 miles, but we will take our time with rest breaks after the hills. This is an all time local favorite hike- one that Jared has done over 60 times. Be prepared with water, a snack, and hiking shoes or very grippy sneakers for the trail.



SAIL AWAY ON THE SCHOONER ARGIA, MYSTIC

FRIDAY, SEPT. 9, 7:45 A.M. — 3:00 P.M.

COST: \$42 INCLUDES SAIL & TRANSPORTATION.

SIGN-UP BEGINS JULY 6.

Join us as we sail away with Outdoor Adventure enthusiasts from other Connecticut senior centers! The Schooner ARGIA is one of the fastest sailing ships in New England. Discover islands, lighthouses and the beauty of sailing. Trip sails even in cloudy and light drizzle weather conditions; wear an extra layer and bring a jacket. There is a bathroom on board but you need to climb a ladder to access it. After the cruise, enjoy about two hours for lunch (on your own) and/or shopping in downtown Mystic. Leaves Senior Center at 7:45 a.m. and returns at about 3:00 p.m.



HYDROCYCLE TOUR, OLD SAYBROOK

SATURDAY, SEPT. 24, LEAVES SENIOR CENTER

AT 10 A.M. RETURN APPROXIMATELY 3 P.M.

COST: \$53 INCLUDES 1.5 HOUR HYDROCYCLE TOUR & TRANSPORTATION.

SIGN-UPS BEGIN JULY 6.



Hydrocycle you ask? Yes! Biking on water! These hydrocycles are basically wheel-less bikes on pontoon boats. They are fun, safe and stable.

Great for folks of any age!

The guided expedition begins in an estuary along the Oyster River, Old Saybrook, and leads into Long Island Sound. Along the way, visitors can admire wildlife, such as goslings and snowy egrets, and also try their luck at crabbing. Bring sunscreen, hat, clothes, shoes that can get wet (bathing suit if you'd like) a change of dry clothes and a camera. Following the tour, we will stop for lunch (on your own) at Bill's Seafood.

QUICK SENIOR TOURISM STATISTICS

- 57% of Baby Boomers list budget as a factor whenever they make booking decisions.
- 56% of seniors have already planned their tourism destination for the next year.
- 43% of Baby Boomers expect to travel both internationally and domestically within the next year.
- 51% of Baby Boomers plan to visit domestic destinations only.
- 57% of seniors travel in order to visit their friends and family.
- 11% of seniors enjoy quick weekend getaways.
- 30% of seniors vacation via cruise.
- 10% of Baby Boomers plan their vacations based on social media influence.
- Baby Boomers spend about \$1,865 on summer vacations.
- Baby Boomers average around 27 vacation days a year.

SOURCE RVANDPLAYA.COM.

FITNESS PROGRAMS

POWER BURST

MONDAYS, 1:30–2:30 P.M.

INSTRUCTOR: CAROLINE DUBE

Class includes intervals of low-impact movement with walking, marching and other moves to benefit the heart. Strength training with light weights and bands are included to help maintain strength and bone density and tone the body. It is a great overall workout.

BALANCE CLASS

TUESDAYS, 2:00–2:45 P.M.

INSTRUCTOR: NANCY PANDOLFO

This 45-minute balance class works on balance with holding poses, adding movement, and sometimes one light free weight. Working on balance is perfect for keeping you from slipping and falling and helps work on core and leg strengthening.

ZUMBA GOLD

WEDNESDAYS, 9:30–10:30 A.M.

INSTRUCTOR: AMY GRAY

Latin and international dance rhythms create a great cardio workout! Zumba Gold adjusts to accommodate participants of all ages and fitness levels.

SILVER SNEAKERS & PLAINVILLE SENIOR CENTER YOGA/PILATES(YOGA-LATES)

FRIDAYS, 11:00–11:45 A.M.

INSTRUCTOR: NANCY PANDOLFO

Class is free if you have Silver Sneakers through your health insurance. IN-PERSON OR ON ZOOM.

This 45-minute class includes both chair and standing yoga poses, a lot of stretching and Pilates. In Pilates, you will target a specific muscle, squeeze it and work through a motion which also tones your lower body and core.

BEGINNERS GENTLE CHAIR PILATES AND BALANCE EXERCISE CLASS

MONDAYS, 2:45–3:45 P.M.

INSTRUCTOR: CAROLINE DUBE

Gentle Chair Pilates releases tensions, stress and calms the mind and also builds core strength in a safe and gentle way. Balance exercises will be included to help with fall prevention. Students exercise at their own pace. Bring a water bottle.

CARDIO CHAIR FITNESS WITH NANCY

TUESDAYS, 1:00–1:45 P.M.

INSTRUCTOR: NANCY PANDOLFO

Everything you can do standing, you can also do sitting! This class will include marching, knee lifts, kicking, light weights, abs, core and stretching.

THE PEAK FITNESS CENTER IS OPEN NO APPOINTMENTS NEEDED!

Stop by the Senior Center for a tour of our Fitness Center and to pick up a membership packet. The PEAK Fitness Center offers a variety of cardiovascular and weight training equipment. Individuals must obtain a medical approval from their physician and attend a training session with our Fitness Trainer. Call the Senior Center for more information. The PEAK Center is open, and appointments are no longer needed! Work out when you want. PEAK Center hours are: **Monday-Friday, 9:00 A.M.-1:00 P.M.**

CLASS DESCRIPTIONS

CERAMICS

THURSDAYS, 9:30 — 11:30 A.M.

INSTRUCTOR: GLORIA CERNIGLIA

Cost includes instruction, glazes and firing. Students select and pay for their own greenware. Learn how to choose a piece of greenware, clean it, paint it and glaze it. Beginners welcome! Students are responsible for their own greenware, brushes and specialty glazes/supplies.



KNITTING/CROCHET

THURSDAYS, 1:00 – 3:00 P.M.

INSTRUCTOR: EVELYN MORIN

Here's your opportunity to enjoy the company of others while getting some help if you need it! Finish an old project that's been hanging around in your closet or start something new.

CLASS SCHEDULE Class descriptions on pages 5

Please Note: You can always register for a class, even if the session has begun. We are able to pro-rate classes for late sign-ups only. We cannot pro-rate or discount for anticipated missed classes due to vacations, doctor's appointments, etc. Members may sign up for new classes beginning on **Mega Sign-Up Day, July 6, between 9:15 a.m. - 4:45 p.m.** Non-members may sign up for classes that allow non-members starting **July 13** if there is still room in the class. The drop-in rate for any class that allows drop-ins is \$5.00 for Senior Center members and \$8.00 for non-members. Financial assistance is available to Plainville residents (60+) who have difficulty paying for classes. Please see Shawn or Ronda.

Class	Time	Current Session	Next Session Sign-Up Begins JULY 6. Payment Due Upon Registration.
MONDAY			
Power Burst	1:30-2:30	June 13-Aug. 15, 8 weeks. \$16.00. No class July 4 & July 18.	Aug. 22-Oct. 3, 6 weeks, \$12, no class Sept. 5.
Chair Pilates & Balance	2:45-3:45	June 13-Aug. 15, 8 weeks. \$16.00. No class July 4 & July 18.	Aug. 22-Oct. 3, 6 weeks, \$12, no class Sept. 5.
TUESDAY			
Cardio Chair Fitness w/ Nancy	1:00-1:45	May 31-July 19. 8 weeks. \$16.00.	July 26-Aug. 30, 6 weeks, \$12.
Balance Class	2:00-2:45	May 31-July 19. 8 weeks. \$16.00.	July 26-Aug. 30, 6 weeks, \$12.
WEDNESDAY			
Zumba Gold	9:30 -10:30	May 18-June 29. 7 weeks. \$21.	Aug. 3-Sept. 21. 8 weeks, \$24.
Quilting Classes! NEW!	9:30-11:30	SEE PAGE 3 FOR DESCRIPTIONS.	
THURSDAY			
Ceramics	9:30 – 11:30	July 14-Sept. 8. No class Aug. 18. \$32.	
Knitting/Crochet	1:00-3:00	May 26-July 14. 8 weeks. \$16.00.	July 28-Sept. 8. 6 weeks-\$12, no class.
FRIDAY			
Yoga-Lates	11:00-11:45	June 24-Aug. 12. 8 weeks. \$16.00. FREE if you have Silver Sneakers.	Aug. 19-Sept. 2. 3 weeks. \$6. FREE if you have Silver Sneakers.

HOW TO REGISTER FOR A FREE CLASS OR PROGRAM ONLINE

- Go to www.schedulesplus.com/plainville & log in using your phone number.
- Select your class(es) and/or program(s) you want to register for. Hit **Add**. Then click on **View Cart** to see the classes or programs you have selected. Then hit **Checkout** and **Proceed to Final Review**. Press **COMPLETE MY ORDER** to finish. And You can also hit **Email Receipt** so you can have a record of your registration e-mailed to you.
- **PLEASE NOTE: You can only register for FREE programs & classes online. You must register in person for all paid programs & classes. Pay by cash or check made out to the Plainville Senior Center.**
- If you have trouble registering online, you can call us here at the Senior Center (860)747-5728 so we can register you.

PROGRAMS, ETC.

COME SEE CAROL WRIGHT'S GARFIELD COLLECTION THIS MONTH IN OUR SHOWCASE!

Carol Wright is the first Plainville Senior Center member to display her collections in the Senior Center Showcase this year. Carol's collection features hundreds of Garfields! Garfield is a cat who is the star of an American comic strip created by Jim Davis. The comic strip highlights Garfield's laziness, his love of coffee and food, especially lasagna, and how much he dislikes Mondays.

The comic strip was first called "Jon" and was published locally in 1976, but in 1978, it went into national syndication as Garfield. Over 2,000 newspapers and journals currently feature the comic strip. Garfield holds the Guinness World Record for being the world's most widely syndicated comic strip.

Carol estimates that she first began collecting Garfield pieces in 1978. "I saw him in the funny papers," she said. Her first piece was a large dry cat food container that had Garfield on the front. Her mother picked it out and since then, her friends have continued to give her Garfields for her collection. Some of the pieces have dates on the bottom of them.

At one time, Carol even had a Garfield phone and sheets with Garfield on them. She got rid of some pieces when she moved, but Carol still has a sizable collection of figurines and stuffed animals. She has holiday Garfields to celebrate the different holidays throughout the year. The only Garfield item Carol

doesn't have yet is a plate with Garfield on it.

Her all-time favorite piece is that dry cat food container because she keeps it in her kitchen to feed her cat whose name is...you guessed it – Garfield! Her very large Maine Coon cat was a rescue from Rogers Orchard so he was first named Apple, but Carol thought Garfield suited him better since he's "really big and spoiled" like the comic strip character. "I'm trying to get him on a diet, just like Garfield in the comic strip," she said.

Garfield is not just a big deal for Carol, his merchandise earns \$750 million to \$1 billion annually. The comic strip has also inspired several animated television specials and series, two movies, and three direct-to-video films.



SIGN UP TO DISPLAY YOUR COLLECTION, HOBBY!

If you have a collection or hobby that you'd like to display in our showcase, please call Jeannette at the Senior Center to let her know. Displays are typically in the locked showcase for a month at a time. In the past, people have displayed vintage Valentine cards, paintings, wood carvings, quilts, photographs, memorabilia, dolls and much more!



BOOK BUDS: JULY BOOK: "A DEADLY WANDERING"

BY MATT RICHTER, FRIDAY, JULY 15, 10:00 A.M.

COST: FREE! SIGN-UP BEGINS JULY 6.

INSTRUCTOR: KATHLEEN MARSAN.

FOR MEMBERS ONLY.

The author combines the true story of a tragic 2006 Utah car accident and the science of attention and distraction. This heartrending tragedy became the rallying cry for bringing public awareness to the dangers of texting while driving. The book is available at the library.

Call the Senior Center or register online at:
www.schedulesplus.com/plainville.



MEMORY CAFÉ AT THE SENIOR CENTER

THURSDAY, JULY 21, 2:30 P.M.

SIGN-UP BEGINS JULY 6. CALL THE SENIOR CENTER TO REGISTER. OPEN TO THE PUBLIC.

Memory Cafés are safe and supportive social gatherings for people with changes in their memory along with their care partners. Relax and socialize with others experiencing similar life challenges. This program is funded in part by Title III of the Older Americans Act through the North Central Area Agency on Aging, Inc. & the CT State Unit on Aging.



MEGA SIGN-UP DAY is set for WEDNESDAY, JULY 6, from 9:15 A.M. to 4:45 P.M. Members may sign up for new classes, trips and programs. If an event is free, call the Senior Center to register or register online. If payment is due, you must come in to register. We accept cash and checks made out to Plainville Senior Center only.

TRIP GUIDELINES



PLEASE NOTE: MASKS MUST BE WORN ON ALL SENIOR CENTER DIAL-A-RIDE & MOTORCOACH TRIPS ON THE BUS. DESTINATIONS—BOATS, RESTAURANTS, MUSEUMS, ETC. ARE BY VENDOR'S POLICY OR LOCAL RULES

SIGN-UP: Trip sign-ups take place Monday 9:15 a.m. to 5:45 p.m., Tuesday through Thursday 9:15 a.m. to 4:45 p.m., and Friday 9:15 a.m. to 12:45 p.m. One day a month, we also offer **Mega Sign-up Day**. This month it is **July 6** from 9:15 a.m. to 4:45 p.m. Payment is due at the time of sign-up.

OPEN TO THE PUBLIC: Trips are open to the public one week (7 days) after member sign-up unless otherwise stated.

ATTENTION TRAVELLERS, PLEASE SEE CORRECTED NUMBER BELOW.

CANCELLATIONS: Call the Senior Center immediately so we can try and find a replacement for you from our waiting list (if we have one). *If you must cancel the night before or the morning of the trip, please call Angela at (860) 839-7346 before 9:00 p.m. the night before the trip or before 9:00 a.m. the day of the trip.* Angela will have the waiting list and will try to fill your seat, but she should only be called if the Center is closed. You may also call the Center after 9:00 a.m. and alert us so we can **try** to get a refund for you. We must pay for any number that we guarantee to the tour companies. Once we pay, refunds are rarely given. We will always attempt to get a refund, and whatever we are refunded will be passed on to you.

If trip insurance is included in the trip cost, please refer to the specific coverage offered. Some insurance policies cover most costs if the cancellation is due to illness, but others may cover a variety of additional

reasons.

PARKING: Parking for most trips is at Our Lady of Mercy Church parking lot, directly across South Canal Street from the church. It's the first lot on your right entering South Canal from Broad Street. Park as close to the fence as possible, one car directly behind another.

For many overnight trips, parking is provided at Our Lady of Mercy Parish Center, at your own risk. But we suggest, if possible, that someone drops you off and picks you up or have someone pick up your car after the multi-day trip has left and bring it back to OLM the day you are due back. Do not contact OLM on your own. There is no overnight parking at the Senior Center.

MEDICAL ID CARDS: Medical ID Cards must be shown to the bus captain. If you don't have a card or you need a new one, please stop by the Senior Center or get one from the bus captain.

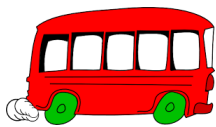
DISCLAIMER: The Plainville Senior Center is not responsible in whole or in part to trip participants for any loss, damage, injury or financial loss whatsoever, to persons or property however caused, during or in connection with any trip. Parking is at your own risk. Before boarding the bus, get your seat assignment from the bus captain. ***Be at your departure location 15 minutes prior to our departure time in order to board the bus. We cannot wait for latecomers.***

FYI: We keep Reserve Lists for all trips including Quick Trips. When you sign a Reserve List for a trip that is filled, we will ask whether or not you are a member. If there is a cancellation, we always sign up members from the Reserve List first! Members who sign the Reserve List and want to bring a non-member friend should be aware that since we always sign up members first, we will skip over non-members until all members have been contacted.

QUICK TRIPS GUIDELINES

*Senior Center Quick Trips are curb-to curb services. Plainville residents **who do not drive** can be picked up and dropped off at home. Those who drive will be picked up at the Senior Center. We use our Dial-A-Ride Bus or school buses that are handicapped accessible with wheelchair lifts. **Passengers must be able to get to and from the bus on their own.** If you need a wheelchair lift, tell us at sign-up.*

QUICK TRIP GUIDELINES: No phone reservations are accepted. Refunds are given only if we are able to fill your spot from the Wait List. If we cancel the trip, refunds will be given. If you are ill and cannot attend, please call the Senior Center when it is open. After hours, you may call Angela at **(860)839-7346**. Please be at the departure point at least 15 minutes before departure. We leave on time. Non-members may sign up one week after the trip opens.



TRIPS

MASK REQUIREMENTS ON FRIENDSHIP TOUR TRIPS

Friendship Tour trips require masks on the bus. For restaurants & boats, etc., it is the decision of the vendor. Also, each person traveling with Friendship Tours will be required to sign a Wellness Declaration Form and Travel Liability Waiver at departure. To review a copy of the Waiver & Wellness Declaration, please see the front desk.

Current Trips

CELEBRATE ITALIA, AQUA TURF

TUESDAY, JULY 12, 11 A.M. – 2:30 P.M.

AS OF PRINTING, TWO SEATS REMAIN.

OPEN TO THE PUBLIC. SIGN UP AT ANY TIME.

\$47 PER PERSON (DRIVE ON YOUR OWN). \$51 (TAKE OUR BUS). SALAD, PASTA, FAMILY STYLE ROAST BEEF AND CHICKEN FRANCAISE, VEGETABLE & POTATO, DESSERT.



LOBSTER & THE BEST OF PAUL ANKA

THE LOG CABIN, HOLYOKE, MA– TRIP IS FULL.

SIGN UP FOR WAITING LIST.

WEDNESDAY, JULY 20, 10 A.M. DEPARTS FROM OLM.

RETURN APPROXIMATELY 4:45 P.M. COST: \$118.

Entertainer Lou Villano presents “The Best of Paul Anka.” Menu includes cheese & vegetable platter, shrimp cocktail, salad with signature breads, 1 ¼ lobster or prime rib, potato salad & cole slaw, lobster & crab cakes, BBQ chicken, strawberry sundae dessert with coffee. Advance choice required.



CONNECTICUT LIGHTHOUSE CRUISE NEW LONDON & MYSTIC, CT

WEDNESDAY, AUGUST 3

DEPARTS AT 9 A.M. FROM OUR LADY OF MERCY CHURCH.

ESTIMATED RETURN AT 6 P.M. COST: \$116

Enjoy a narrated, sightseeing cruise aboard a comfortable, climate-controlled, high-speed vessel. Several lighthouses can be seen along with upscale mansions that line the shore. Early dinner at The Steak Loft includes salad, choice of Baked Stuffed Breast of Chicken, Potato Crusted Cod or Baked Stuffed Shrimp (2), Dessert & Coffee. Entrée choice in advance. Time on your own in the Village for shopping prior to lunch.



FRIESIANS OF MAJESTY TOWNSHEND, VERMONT

WEDNESDAY, AUGUST 17, OPEN TO THE PUBLIC! BRING YOUR FRIENDS! DEPARTS FROM OLM AT 8:30 A.M.

APPROXIMATE RETURN: 7:30 P.M. COST: \$130.

Tour the European Style Stables and meet these gentle, friendly horses. Arena Musical Dance performed by the Elegant Friesians. Full Course Lunch includes fresh baked bread, garden salad with house dressing and choice of Herb-Crusted White Fish, Balsamic Peach Glazed Chicken Breast or Maple Barbeque Pork Loin, Side Dishes, Seasonal Fruit Cobbler, Soft Drink, Coffee or Tea. Entrée choice in advance.

New Trips!

AQUATURF -JIMMY MAZZ TRIBUTE TO BOBBY DARIN & CONNIE FRANCIS

SEPT. 13, 11 A.M.-2:30 P.M.

\$47 PER PERSON (DRIVE ON YOUR OWN)

\$51 (TAKE OUR BUS). SIGN-UP BEGINS JULY 6.

SALAD, PASTA, FAMILY STYLE ROAST BEEF AND CHICKEN FRANCAISE, VEGETABLE & POTATO, DESSERT.

Jimmy Mazz pays tribute to Bobby Darin & Connie Francis as only he can. Come relive the magic with us!

THE BREAKERS & GREEN ANIMALS

TOPIARY GARDEN, NEWPORT, RHODE ISLAND

THURSDAY, SEPT. 8, COST: \$122.

DEPARTS 7:45 A.M. AT OLM.

EST. RETURN: 6:30 P.M. IN PLAINVILLE.

SIGN-UP BEGINS JULY 6.

Explore the Breakers, the grandest of Newport’s “summer” cottages. Enjoy a self-guided audio tour. Lunch at the Atlantic Resort on the water in Middletown, RI. Menu choice of Sauteed Chicken Breast with Tarragon Mustard Cream Sauce or Baked Stuffed Scrod, Vegetable, Potato, Ice Cream Sundae and Coffee. Entrée choice in advance. Then we’ll visit the oldest topiary garden in the U.S. - the Green Animals Topiary Garden in Portsmouth, RI. We’ll stroll through the formal gardens, vegetable & herb gardens and flower gardens overlooking Narragansett Bay.



SAVE THE DATE! FRIDAY, SEPT. 30

SUNSET MEADOWS WINERY

**VINEYARD TOUR
& WINE TASTING**

Trips

Quick Trips



A LITTLE BIT OF EVERYTHING TOUR

FRIDAY, AUG. 5, LEAVES SENIOR CENTER AT 9 A.M.

RETURNS APPROXIMATELY 5:00 P.M.

COST: \$8 FOR TRANSPORTATION.

SIGN-UP BEGINS JULY 6.

This scenic trip offers a bit of everything. We begin with a picturesque ride along the Farmington River. Our first stop: Collinsville Antiques Company, in New Hartford, one of New England's largest antique shops with over 20,000 square feet of antiques and collectables. Next, lunch on your own at New Hartford Diner for a quick lunch on your own. We'll walk just a few steps from the diner to the Six Spoons Chocolatier, which boasts handcrafted chocolates and fudge. Our next stop is Winsted's Whiting Mills. Voted the "Best of New England" by Yankee Magazine in 2016, the former hosiery mill is now home to a variety of artists, craftspeople and retail shops. Our last stop is Canton's Ocean State Job Lot, the cleanest, most well stocked, brightest Ocean State Job Lot we've ever seen.

SHOP-O-RAMA! MANCHESTER & VERNON, CT

FRIDAY, AUGUST 19, HOME PICKUPS BEFORE 9:30

A.M. LEAVES SENIOR CENTER AT 9:30 A.M.

RETURN APPROXIMATELY 4:30 P.M.

Our first stop will be everyone's favorite—Christmas Tree Shop in Manchester. Break for lunch (on your own). Choose from McDonald's or Panera Bread. Our afternoon stop will be in Vernon for Home Goods and T.J. Maxx (our second favorite).



Shopping Trip

BRISTOL STOP & SHOP PLAZA

TUESDAY, JULY 26, PICKUP AT SENIOR CENTER AT 9:00 A.M. HOME PICKUPS BEFORE 9:00 A.M.

SHOP FROM 9:30 A.M.—1:00 P.M. PICKUP AT

STOP & SHOP AT 1 P.M. SIGN-UP BEGINS JULY 6.

Includes Ocean State Job Lot, TJ Maxx, Burlington Coat Factory, 5 Below, Dollar Store & more.

TWO FREE N95 FACE MASKS ARE AVAILABLE PER PERSON AND A LIMITED NUMBER OF FREE AT-HOME COVID TEST KITS ARE AVAILABLE AT THE SENIOR CENTER. STOP IN TODAY & GET YOURS.

NOTEWORTHY

SNAPPY SENIORS PHOTOGRAPHY

GROUP MEETS JULY 21 at 10:30 A.M.

CALL TO REGISTER

Share photos from anytime or place. Show us something you learned or a special photo & why or one of your all time favorites! Bring ideas for future classes, trips and lectures. You will also be invited to watch a 38 minute video called "Smart Phone Camera Basics." At this time, the group will be meeting on the third Thursday of the month at 10:30 a.m. We will also be scheduling an in-person course on smart phone photography.



ENJOY NORTON PARK FREE SUMMER CONCERTS!

Plainville Recreation will present free Norton Park Summer Concerts on **Thursdays** from **6:30-8 p.m.** at Norton Park.

On **July 7**, enjoy soft rock with

"**The Substitutes**," Chicago

Blues/R & B with "**Blues Con-**

nection" on **July 14**; African & Caribbean music on

July 21 with "**Nzinga's Daughters**" and classic rock

on **July 28** with "**Above the Tree Line**." For more

details, go to

PlainvilleCT.RecDesk.com or call (860)747-6022.



POOL TOURNAMENTS & BRUSH-UP GROUP

Calling all pool players—join us at **12:30 p.m.** on **Thursdays** for our weekly tournament. Brush-up

lessons for ladies are available **Tuesdays at 10 a.m.** with

Ellen. **The brush-up group**

for men won't be offered

over the summer. We hope

to resume the men's group

in the fall. Call ahead at (860)747-5728 to check if

an instructor will be available. Other dates and

times may be available.



LUNCHES ARE BACK! Lunches are available

Monday-Friday by advance reservation only. Call

Bonnie at the Senior Center (860)747-5728 be-

tween 10:00-10:30 a.m. to reserve your meals. If

you do not reserve your meal in advance, you can

try calling the day that you want a meal to see if

there is a cancellation. Menu is available at the

Senior Center.

HEALTH MATTERS

MEDICARE SAVINGS PROGRAM (MSP)

NEW INCOME LIMITS:

Singles Range From: \$2,390 to \$2,786

Couples Range From: \$3,220 to \$3,754

There is No Asset Limit nor Estate Recovery

Here is a general update on MSP (programs paying for folks Part B premiums for Medicare/ assistance with co-pays and cost-share):

Medicare Savings Programs (MSP)		
	Single	Couple
Q01/ QMB	\$2,390	\$3,220
Q03/ SLMB	\$ 2,617	\$ 3,525
Q04/ ALMB	\$ 2,786	\$3,754

The State of CT offers financial assistance to eligible Medicare enrollees. They will pay the Medicare Part B and Medicare Part D premiums for qualifying enrollees. Some enrollees will also be covered for the Medicare deductibles and co-insurance. Additionally, qualifying enrollees are automatically enrolled in the Medicare Part D Low Income Subsidy (LIS). Stephanie can review your eligibility for MSP. Contact her at the Senior Center.

TIPS FOR PREVENTING TICK BITES

- Avoid areas where ticks are likely to be, such as in grassy, brushy, or wooded areas. Ticks are most active from spring to fall but may also be active on warmer days during winter.
- Consider the use of CDC-recommended mosquito repellents containing DEET, picaridin, oil of lemon eucalyptus, IR3535, or 2-undecanone, and apply according to directions, when outdoors.
- Check yourself and your children for ticks immediately after coming indoors. Showering within two hours of coming indoors may be effective in reducing the risk of tick-borne disease.
- Examine clothing, gear, and pets carefully after coming indoors. Tumble dry clothing for 10 minutes to kill ticks that were carried inside.
- Talk to your veterinarian about the best tick prevention products for your dog.
- Consider treating items such as boots, clothing, and hiking or camping gear with products containing 0.5 percent permethrin.



For information on Powassan virus and how to prevent tick bites, visit <https://www.cdc.gov/powassan/index.html>

SOURCE: CT DEPT. OF PUBLIC HEALTH

CALL 211 FOR HELP 24 HOURS A DAY

United Way of Connecticut/ 2-1-1 Infoline Telephone: 211 Website: <http://www.infoline.org/> A 211 specialist answers the 24-hour service. Services provided: 24-hour information and referrals for health and human services with translation for approximately 150 languages. 211 Infoline is a free, confidential phone service in Connecticut that connects callers with information and help in the community, including housing options, financial help, medical care, volunteer opportunities, education and support groups.

THE NURSE IS IN!

GEORGIA STERPKA, APRN, IS
AVAILABLE BY APPOINTMENT FOR:

REGULAR AND DIABETIC FOOT CARE

Cost is \$18.00 for Plainville resident members and \$28.00 for out-of-town members.

EAR WAX REMOVAL: COST IS \$5.00.

CHOLESTEROL SCREENING -This type of test does not require fasting. Cost is \$12.

FREE BLOOD PRESSURE SCREENINGS

Senior Center Members only.



AYUDA PARA LAS PERSONAS CON NECESIDADES

El Departamento de Servicios Sociales, junto con otras agencias y organizaciones de Connecticut proporcionan una amplia variedad de programas que pueden beneficiarle a usted y a su familia. Pase por el Centro para personas mayores para obtener un folleto o llame al Departamento de Servicios Sociales del Estado de CT al 1-800-626-6632.

VETERANS' NEWS & ACTIVITIES

INDIVIDUAL APPOINTMENTS FOR VETERANS- WEDNESDAY, JULY 6, AT THE SENIOR CENTER

Do you need assistance applying for Veteran's benefits? Are you wondering what services and programs you might be able to access at the VA? If you served in Vietnam and were turned down for medical assistance in the past, you may now be able to get assistance. Jason Coppola, from the Connecticut State Department of Veteran's Affairs, Office of Advocacy and Assistance, is available on **Wednesday, July 6**, at the Senior Center to help you with all of your Veteran benefit needs. Call Jason at (203) 805-6340 to schedule an individual appointment (please leave a message). Jason is scheduled to be at the Senior Center the first Wednesday of each month. In August, Jason will be here on **Wednesday, August 3**.

VETERANS' SOCIAL HOUR

TUESDAY, JULY 26, 10:00 A.M.

These monthly information and support meetings are conducted by Sherri Vogt, Veteran's Liaison for Hartford HealthCare at Home. **FOR ALL VETERANS OVER 60 AND THEIR SPOUSES.**

Call the Senior Center at (860)747-5728 to register.



PLAINVILLE VETERANS' MEMORIAL WALL

A Memorial Wall has been created to provide a place to honor the military service of deceased Veterans by their friends and family members. The wall is located at Town Hall outside the Town Clerk's office. Brass plates engraved with the Veteran's rank, name & branch of service can be purchased for \$14. Contact the Senior Center for an order form.

CONVENIENCE AND SELF-SERVICE VA APPOINTMENT CHECK-IN AT YOUR FINGERTIPS

Check-in for your next VA appointment might be different next time you come in. Beginning this summer, some VA facilities will allow Veterans to do one or both of these:

Start the check-in process up to seven days in advance of the appointment.

Check in at the clinic using your smartphone on the day of your appointment.

As part of how VA is modernizing the way Veterans receive care, VA received extensive feedback from Veterans and caregivers about how the checking-in process can be made better, especially for those who use assistive technologies to access their benefits online.

VA's Office of Information and Technology, partnering with VHA, has applied this feedback to the design of the new, modernized patient check-in application coming soon to your location.

VA is deploying the application at facilities geographically. Deployment within all VISNs will occur by the end of August 2022.

VA Mobile Check-in for Appointments

Now Available in select clinics!

▶ With VA mobile check-in, you can check-in for your VA appointments using your smartphone.

▶ If you see this poster in your waiting area, mobile check-in is available.



FREE GUIDED LECTURE & TOUR ON THE VETERANS OF THE AMERICAN REVOLUTION ON JULY 10

A free guided lecture and in-person tour of the Veterans of the American Revolution will be held at 11 a.m. on Sunday, July 10, at the Ancient Burying Ground, at the corner of Main & Gold Streets in Hartford. The Ancient Burying Ground is Hartford's oldest historic site and the only one remaining from the seventeenth century. From 1640 until the early 1800s, it served as Hartford's primary graveyard. During that period, anyone who died in town, regardless of age, gender, race, ethnic background, economic status, or religious faith, was buried here. Approximately 6,000 people are thought to be buried in the Ancient Burying Ground. For more information, go to <https://ancientburyingground.com>.



Donations

MAY 18-JUNE 21

The Senior Center has a Memorial Fund for people wishing to make a donation in memory of a friend or relative. Checks may be made out to the Plainville Senior Center. The deceased person's name will be listed in the Memorial Book displayed in our Lounge, along with the donor's name. Memorial donations are used to enhance the operation of the Senior Center.

GENERAL DONATIONS

Kathy Lickwar, Anonymous, Gale Litke, Barbara Petit, Madeline Drake, Grace Nelson, Virginia Salmon, Marge Burris, Joan McBain, Bev Smith, Plainville Adult Education students c/o Jill O'Brien, Lynn Davis of Plainville Schools, Linda Badolato, Jacqueline Harvey, Cathy Ryan, Rosaleen Peters, Neema Michaud, Elaine Steinbruck, Evelyn & Pierre Morin, Leatha Toner, Azilda Nadeau.

MEMORIAL DONATIONS

In Memory of: Elizabeth Demanski

June Demanski.

In Memory of: Frank Demanski

June Demanski

In Memory of: Lynne Krakauske

Judith Ronewicz

DIAL-A-RIDE DONATIONS

Sue Piercy, Marci Negro, Rosaleen Peters, Marlene Maglio, Donna Klos, Rita Susco.

Please note: When you bring donations to the Senior Center, please give us your name and what you are donating so that we may list your name in the Newsletter. If you wish your donation to remain anonymous, please let us know. We do our best not to leave any donor's name off the list, but if we do, please let us know so we can include it in the next Newsletter.

Cheer Report

MAY 18-JUNE 21

*The Plainville Senior Center makes every effort to send **cheer, get well and sympathy** cards to our members who could use a lift of their spirits. If **you** know of someone who is hospitalized, convalescing, ill or has just lost a loved one, please let us know by calling us at (860)747-5728. Cheer cards mean so much to our members and the info. helps us keep our records up to date. As always, many thanks to volunteer Carol Perry for sending out "cheer" on behalf of the Plainville Senior Center.*

GET WELL & THINKING OF YOU CARDS WERE SENT TO:

Lucille Manka, Jeanne Raducha, Deb Starnes, Bob Murtha, Lynn Gagnon, Marci Negro, Gladys Berry, Norma Weisenburger, Elsie Senaldi, Ceal DiFrancesco, Hazel Decker, Beatrice Dumont, Mary Michaud, Skip Kensel, Joe Maitz, Helena Niziolek, Helene Fabian, Karen Jones, Joan Sartori, Eunice Carden.

SYMPATHY CARDS WERE SENT TO THE FAMILIES OF:

Pauline McCommic, Angelo Colella, Ann Reinwald, Peter Procko, Rosita Serrano.

SYMPATHY CARDS WERE SENT TO:

Walter & Lee Kalwat, John & Laura Reinwald, Rudolph Reinwald, Julia Green.

The Senior Center ALWAYS needs Sympathy, Get Well and Thinking of You Cards! We do not use religious cards or Mass cards. If you wish to donate cards, please drop them off at the Senior Center. We appreciate it!



May New Members

Rose Abarzua, Linda Altmeyer, Masako Bellomo, Joyce Chabre, Gary Corl, Wilfred Decker, Jr., David Doyle, Wanda Izdebski, Judith Laprise, Donna Larson, George Milewski, Steve Pohl, Rosaline Proulx, Robert Ronstrom, Edith Stavnezer, Jacob Stavnezer, Linda Stewart, Leslie Sundell and Lynn Teeda.



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THIS AND THAT

VOLUNTEER NEEDED

If you enjoy arranging photo albums or assembling scrapbooks, the Senior Center is looking for a volunteer to gather newspaper articles about the Plainville Senior Center or its memorable events for our scrapbook and for someone to arrange photos in our photo albums. If interested, contact Sharon at the Senior Center (860)747-5728.

FARE-FREE BUS SERVICE STATEWIDE CONTINUES UNTIL DEC. 1

The Connecticut Department of Transportation (CTDOT) has announced that all public transit buses will be fare-free across Connecticut until Dec. 1. A previous policy signed by Governor Lamont made buses fare free from April 1 through June 30, 2022, but that was extended in the recent budget passed by the legislature and signed by the Governor on May 9. Free services include all CTtransit local buses statewide, CTtransit Express and CTfastrak services. ADA Paratransit is also fare free statewide until Dec. 1. For information on routes and schedules, check online or call (860)525-9181. Call Stephanie at the Senior Center for assistance.

HELP US TO EXPAND PEAK CENTER HOURS!

PEAK Center volunteers are needed from 1-3 p.m. Monday through Thursday. Please contact Sharon at (860)747-5728 for more information and to sign up. Both regular and floater volunteers needed.

SETBACK WEEKLY TOURNAMENT WINNERS

June 6: 1st: Linda Domenque & Judy LaPrise, 2nd: Carol Diana & Mary Levanti, 3rd: Bob Albrecht & Sandy Colello.

June 13: 1st: Rose Dunlap & Grace Lapila, 2nd: Bernie Grabeck & Joe Babin, 3rd: Ann Testa & Iva Dube. **June 20:** 1st: Sally Miller & Linda Dominique, 2nd: Elaine Chartier & Barbara Martello, 3rd: Sandy Colello & Bob Albrecht.



WEEKLY POOL TOURNAMENT WINNERS

May 26: 1st: John Gasparini & Stan Funk (tie)

June 2: 1st: John Gasparini, 2nd: Stan Funk. **June 9:** 1st: John Gasparini, 2nd: Stan Funk, 3rd: Don Calson. **June 16:** 1st: John Gasparini/Ray Phillips, 2nd: Val Dumais & Stan Funk.

2022 TAG SALE & JEWELRY SALE!

AUGUST 17 & 18 FROM 10 A.M. TO 2 P.M.

EARLY BIRDS: AUGUST 17 FROM 9:30-10 A.M. \$1.00 ENTRY FEE.

ALL PROCEEDS BENEFIT DIAL-A-RIDE

We will start accepting tag sale items and jewelry on Monday, August 8. We do not have room to store items before that date so please do not drop anything off at the Senior Center before August 8. We cannot accept furniture, clothes, purses, shoes or appliances.

We need volunteers to help sort, set up, sell, and clean up after the sale. Volunteers who have a truck to help us donate and bring left-over items to another organization are especially needed on Thursday, August 18, and Friday, August 19. Please call us at **(860)747-5728** to sign up to help!