

## Happenings for The Town of Plainville 9-11-2017

### PLAINVILLE PUBLIC WORKS

- Scheduled bulk pickups will take place Mondays beginning September 11 through October 30, 2017. Eligible residents must call CWPM at 860-793-6721 to schedule a pickup. When calling, you will need to provide your name, address, phone number and a complete description of the items to be collected. Calls placed by 3:00pm Friday can be scheduled for collection on Monday.

### PLAINVILLE YOUTH DEPARTMENT

- The Plainville Coalition for Positive Youth Development is sponsoring a program for parents on October 3, 6:30 PM at the Middle School of Plainville: ***Chromebooks, The Internet and Your Child's Digital World***. Parents will learn about Chromebook use in and out of school; resources for parental controls; negative and illegal consequences of inappropriate use of technology. To register call or write to Tina Gryguc at [gryguc@plainvilleschools.org](mailto:gryguc@plainvilleschools.org) or 860 793-0221 x 2016.

### PLAINVILLE LIBRARY

- ***Tomorrow, Tuesday September 12 from 2:00 to 4:30PM come to the library for a free Blood Pressure Check & Health Screening where you can ask a Registered Nurse your health questions.***
- **Thursday September 14 at 1PM and Saturday September 23 at 1:30PM is the Friends Movie Matinee: The Zookeeper's Wife**, the story of how a couple saved hundreds of people and animals during the German invasion of Warsaw.
- **On Monday, September 18 at 6:30PM** join staff from the Connecticut Department of Energy & Environmental Protection for a presentation on Black Bears.
- **On Tuesday September 19<sup>th</sup> at 6:30PM** come to the library to **Make Your Own Bookmarks**, part of the new Adult Crafting Series. Creations will take all shapes and sizes and use card stock, special tape, magnets, and ribbons. Registration required, call the library.
- **On Friday, September 29<sup>th</sup> and Saturday September 30<sup>th</sup>** come support the library at the Friends Book Sale. Bestsellers, paperbacks. DVDs, and CDs all in good condition at bargain prices. Donations accepted, volunteers needed, call the library for more information.

### PLAINVILLE SENIOR CENTER

- **All Month: Energy Assistance Sign-Up** -- The Connecticut Energy Assistance Program is available to income-eligible residents to help with winter heating costs. The program is run by the HRA Energy Department, which took over for the BCO and is at the same address: 55 South Street in Bristol. To make an appointment with HRA on your own, call HRA at 860-582-7490. If you need help getting your papers ready for an HRA application, please call the Senior Center Social Worker at 860-747-5728 to set up an appointment. Remember: You must re-apply every year.
- **Thursday, September 21 by Appointment Only Free Balance Assessments** -- During a 10-minute balance assessment, a participant's balance level and risk for falls will be determined. If a balance deficit is found, an evaluation will be given to the participant so that they may share this with their primary care doctor. Call the Senior Center to schedule an appointment.
- **Monday, September 25 at 10 a.m. Questions for the Social Worker** -- Do you have questions about Medicare, Medicaid, Medicare Part D, or housing options? Or do you want to know where to find Alzheimer's help or Homecare? Stop by Stephanie's office to have an individual chat with her. For Plainville residents aged 60 and over. No registration needed.
- **Tuesday, September 26 at 10 a.m. CAREGIVING CONNECTIONS** -- For anyone taking care of an older adult, now is a good time to strengthen our resolve and exchange tips and caregiving successes. Caregivers from neighboring towns are welcome. Call Bette at the Senior Center with any questions or concerns.