

Happenings for The Town of Plainville 6-3-2019

PLAINVILLE SENIOR CENTER

Thursday June 6, 10:00 a.m. - How to Fall Safely

Sometimes, there's no way to avoid a fall. At least if you're aware of the inevitability of a fall, you can prepare yourself to fall properly! Learn how to fall the correct way — forwards or backwards — and get details on how to fall safely to reduce the risk or lessen the severity of injury. This program will be held at the Plainville Senior Center and is free. Sponsored by the Southington Care Center.

Thursday, June 13, 1:00 p.m. What Is A Stroke? We Have the Answer

Knowing the signs and symptoms of a stroke can save **your** life or the life of a **loved** one. Be ready to act if you see someone experiencing signs or symptoms of a stroke. You will learn: What a stroke is; Stroke risk factors; Stroke prevention; and How the stroke recovery process works. Presented by Dr. Kateryna Kurako, Neurologist at Bristol Hospital.

PLAINVILLE 150th CELEBRATION

Saturday, July 20, 10:00a.m. to 4:00p.m.

There will be a walking/bus tour of historic sites. Maps and busses will be available at the Municipal Center.

Sunday, July 21, 12:00p.m. to 4:00p.m.

There will be a family picnic at Norton Park, bring your chairs and blankets. There will be live music, food trucks, games, and historic displays.

The 150th Committee will also be offering a custom designed one troy ounce, .999 fine silver, heirloom quality commemorative coin to celebrate the Plainville Sesquicentennial Anniversary. One side of the coin will have celebrate Plainville, Connecticut 1869-2019. The other side will have the Liberty torch along with the silver weight and content. There will be limited production by the Silvertowne mint. Individuals can purchase these at a price of \$35.00 each.

For more information on events or if you are interested in volunteering, or purchasing a commemorative coin, please visit the Facebook Page at <https://www.facebook.com/Plainville150th/> or send an email to Plainville150th@gmail.com

PLAINVILLE PUBLIC WORKS

The 2019 Spring Bulk collection will take place Mondays now through June 24th. . Residents who currently have curbside rubbish and recycling collection from the Town of Plainville can request one bulk pickup per calendar year free of charge for large items that do not fit in normal rubbish collection. **Eligible property owners must call CWPM at (860)793-6721 to schedule a pickup.** When calling, you will need to provide your name, address, phone number, and a complete description of the items to be collected.