

PLAINVILLE SENIOR CENTER COMMITTEE ON AGING
MARCH 9, 2023 MEETING MINUTES

MEMBERS PRESENT: *Director: Shawn Cohen, Assistant Director: Ronda Guberman, Sue DesRochers, Joan McBain, Brenda Tella, Charlotte Politis, Betsy Creswell, Soni Sperduti, Kathie Marsan, Kathy Pugliese*

MEMBERS ABSENT: *Sally Miller*

MEETING WAS OPENED AT 12:00 PM by Chairperson *Tina Wishart*

THE MEETING WAS OPENED WITH A PRAYER by *Charlotte Politis*

MOTION was made by *Soni Sperduti* and seconded by *Kathy Pugliese* (vote unanimous to accept the minutes of February 09, 2023.)

TOWN OF PLAINVILLE TREASURER'S REPORT read by *Shawn Cohen*

MOTION made by *Joan McBain* and seconded by *Charlotte Politis* (vote unanimous to accept the report as read).

THE SENIOR CENTER STATEMENT OF CASH BALANCE ENDING February 1, 2023 was read by *Ronda Guberman*

MOTION: was made by: *Sue DesRochers* and seconded by *Charlotte Politis* (vote unanimous to accept the report as read)

EXPENDITURES: No questions or concerns

MOTION ON EXPENDITURES: Motion was made by: *Sue DesRochers* and seconded by *Charlotte Politis*. (Vote unanimous approving of this expenditure).

DIRECTORS REPORT

- A. Main Street Community Foundation: Plainville Fund (Grantor) – applying for:
 - Evening Caregivers – 5 week program: Instructional information. Stephanie will assist. Stephanie will run the program.
 - Will also offer respite care while caregivers attend meeting.
 - Zoom available; will be held early evening.
 - Planning on program in the fall if we get the grant:
- B. LBGTQ – been with program about 5 years. Our program members requested trying newer, fun activities. Turnout successful, pre-COVID. Now, program in planning stage. Bullying may be added to the training aspect of the program
- C. NCAAA Grant – program to be held here and Zoom. Four week bootcamp; will collaborate with various groups for babysitting; Early evening program. – Memory Café and other programs we have in place will continue with this grant. Will add a program for outreach to those self-isolating. Several ideas are being brought back from a program we did several years ago. Great for the homebound as well as those who self-isolate or are sensory (visual as well as hearing) impaired.

- D. Volunteer party: successful and fun. Sharon was well organized: Sue stated the folks who came enjoyed the camaraderie and how personal it became.
- Tea @ Three – college students connect with a senior by telephone. Most isolated group nationally - college students age 18-22, 2nd most isolated - seniors over 65.
 - Breakfast Club: changed to combining women and men. Hopefully will encourage more folks to attend especially for those who don't get out much.
- E. Rep. Cooley and Senator Martin will visit the Senior Center looking for feedback and questions regarding issues seniors are concerned with.
- F. ARPA Funds: funds to help Senior Center post-COVID. Question: What should we do with this fund? Funds intended to service Senior Centers who were negatively affected during COVID, i.e. fundraising: missed chances to improve the Senior Center. One idea expressed by staff; special sound system design for hearing impaired and those with hearing aids. Discussion ensued with Kathy Pugliese expressing need for subsidized housing. Covering costs is difficult in most subsidized housing. The Town of Plainville assists our endeavors.
- G. Black History program Beyond the Amistad March 22.
- H. Peak Center Challenge has begun.
- I. Trips: people are beginning to become comfortable with taking trips.

OLD BUSINESS: NONE

NEW BUSINESS: Ad in paper for a bookkeeper and financial assistant, Need a driver for Dial-a-Ride; (no drivers at this time)

MOTION TO ADJOURN was made to adjourn at 12:55 by *Joan McBain*, seconded by *Betsy Creswell*.

NEXT MEETING

Thursday, April 13, 2023

12:00 PM

ALL COA MEETINGS ARE OPEN TO THE PUBLIC

Minutes by Secretary: *Kathleen Marsan*