

Happenings for The Town of Plainville 4-3-2017

PLAINVILLE COALITION FOR POSITIVE YOUTH DEVELOPMENT

- Will be presenting “A Discussion & Forum on Substance Abuse in Our Families & Our Community on Thursday, April 6, at 6:15pm in the Plainville Middle School Auditorium, at 150 Northwest Drive. The Forum panel, including Miriam Delphin-Rittmon, Commissioner of the CT. Dept. of Mental Health & Addiction Services will present an overview of some of the current substance abuse related topics and a discussion featuring state and local community leaders, persons in recovery, family members and more. Panel members will share their knowledge, expertise, and personal stories regarding substance abuse, addiction, and recovery.

PLAINVILLE SENIOR CENTER

- **VETERAN’S COFFEE HOUR, TUESDAY, APRIL 4, 10:30 A.M.:** Informational and support meeting conducted by Wayne Rioux, a Veteran’s Liaison for Hartford HealthCare at Home. Please call the Senior Center to register.
- **2017 LEGISLATIVE UPDATE with STATE REPRESENTATIVE DR. WILLIAM PETIT and STATE SENATOR HENRI MARTIN, TUESDAY, APRIL 4, 10:00 A.M.:** Join us in discussing the issues that are shaping the 2017 legislative session, the state budget deficit and any state issues that are important to you. Please call the Senior Center at 860-747-5728 to register or stop by.
- **MEMORY SCREENINGS at the SENIOR CENTER, THURSDAY, APRIL 6, 1:00 P.M. TO 3:00 P.M.:** Memory screenings are simple. They average ten minutes and consist of questions and tasks to assess memory. Screenings will be done by Jennifer Doty, BSW. Please call the Senior Center to make an appointment.
- **COGNITION AND CREATIVITY, TUESDAY, APRIL 18, 10:00 A.M. – 1:30 P.M.:** The West Central Connecticut TRIAD will hold its fifth annual free conference at the Plainville Senior Center. Explore ways that creativity, the arts and lifelong learning strengthen our minds and lead to a more inspired, purposeful life. **Call the Senior Center to register.**
- **NATUROPATHIC MEDICINE AND AUTOIMMUNE DISEASE, FRIDAY, APRIL 21, 10:00 A.M.:** Despite our advanced healthcare system, we are faced with an unprecedented rise in chronic disease, including a variety of autoimmune disorders. Join us for a discussion on the various theories behind autoimmune disease and how the unique approach of Naturopathic Medicine may offer help to those suffering with chronic disease. Presented by Ken Kirk, Naturopathic Physician, ND, PT of Southington Care Center. This is a free program. **Call or visit the Senior Center beginning April 4.**

PLAINVILLE PUBLIC LIBRARY

- On April 7 and 8 the Friends of the Plainville Library are sponsoring the semiannual book sale. Thousands of books, CDs and DVDs at bargain prices.

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- On Sunday April 9, 2017 at 1:30 PM the Library hosts a program entitled 'Health Benefits of Meditation.' Attendees can learn about and enjoy an afternoon with guided relaxation and meditation. No experience needed.
- On Monday April 10, 2017 at 1:00 to 3:00 the Library's 'Healthy Plainville' initiative is glad to host a Blood Pressure & Health Screening with Healthy Plainville partner Wheeler Health & Wellness. Here you can ask a Registered Nurse your health questions and get giveaways and handouts.
- Also on Monday April 10, 2017 at 2:00PM come to the Library for a children's program entitled 'Books & Cooks - Pancakes!' We'll share some pancake-inspired stories and make our own pancakes, butter, & syrup. For children in grades 2-5; space is limited so register by visiting the library or calling 860-793-1450.
- During the school vacation week of April 10 to 13 the Library is offering many open special programs including renowned landscape designer Maureen Haseley-Jones (better known as "The English Lady) on Tuesday the 11th, a showing of the film 'Manchester by the Sea' on Thursday April 13th, so check the Library's website or stop by to have a look around.

PLAINVILLE PUBLIC WORKS

- Bulk collection for 2017 will take place on Mondays during the following periods:
April 17 through June 26, 2017 (excluding Monday, May 29, Pickup will be done on 5/30/17 due to Memorial Day). Eligible residents must call CWPM at 860-793-6721 to schedule a pickup. When calling, you will need to provide your name, address, phone number and a complete description of the items to be collected. Calls placed by 3:00pm Friday can be scheduled for collection on Monday.
- Hazardous Waste Collection for 2017 will be:

April 22

Behind Plymouth Town Hall
80 Main Street, Terryville

May 6

Plainville Highway Garage
End of Granger Lane

All residents are required to bring photo ID when attending any of the collection locations.