

Happenings for The Town of Plainville 1-17-2016

PLAINVILLE SENIOR CENTER

- **BOOKS AND BAGELS, WEDNESDAY, February 8, 9:30 A.M.:** The title of the book we will discuss will be ***THE WHIP***. It is an amazing tale of the old West. Written by Karen Kondazian, it's the story of a young woman in Rhode Island whose destruction of her family drove her west to California tracking the man responsible. The program is free. Please call the Senior Center to register.
- **FITNESS CLASS DEMONSTRATIONS:** Fitness Instructor, Kristin Champagne, will be conducting free demonstrations of her fitness classes she will conduct at the Senior Center. The classes are: Beginner's Functional Fitness on **THURSDAY, JANUARY 19, 11:30 A.M.**, Intermediate Functional Fitness on **THURSDAY, JANUARY 19, 1:00 P.M.**, and Power Burst on **MONDAY, JANUARY 23, 1:00 P.M.** If you are a Plainville Senior Center member and these classes sound good to you, sign up for 8-week sessions at the Senior Center. New members always welcome!
- **QUESTIONS FOR THE SOCIAL WORKER, MONDAY, JANUARY 23, 12:30 P.M.:** If you have questions about Medicare, Medicaid, Medicare Part D, Medicare Savings Program, Housing Options or maybe you have questions about where to find Alzheimer's help in the community, Caregiving, Homecare, etc., just stop by Stephanie's office at the Plainville Senior Center to have an individual chat with her. This program is for Plainville residents 60 and over only. No pre-registration necessary.
- **STAYING ON YOUR FEET IN THE SNOW, FRIDAY, JANUARY 27, 10:00 A.M.:** There are a few basic safety measures and precautions we can all do when we are out in ice and snow to prevent falls and injuries. Please join Mark Colello , Good Life Fitness Exercise Physiologist of the Southington Care Center as he discusses ways to keep yourself safe this winter. **The program is free. Call the Senior Center to register.**
- **MOBILE MAMMOGRAPHY AT THE SENIOR CENTER PARKING LOT, TUESDAY, FEBRUARY 28, 9:00 A.M. TO 1:45 P.M.:** Insurance is accepted. Free for women with no insurance. No one will be turned away for inability to pay. Open to women of any age. There are eligibility requirements for a Mammogram screening. Please inquire at the Senior Center. **Call the Senior Center to register.**
- **ENERGY ASSISTANCE:** The State of Connecticut Energy Assistance Program is

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available to income eligible residents. Information on income guidelines and more is explained in the Senior Center December Newsletter or call the Human Resources Agency formerly Bristol Community Organization at 860-582-7490.

PLAINVILLE TAX ASSESSORS

- Revaluation against the October 2016 Grand List is in full swing. Valuation notices have been mailed out to all taxable properties in town. Property owners who have questions about their valuation may contact the Revaluation Company directly at-1-800-497-6026. Hearings with Revaluation company employees will be beginning January 17 through January 31, in the lower level of the Municipal Center. If someone has not received their notice they can contact the Assessor's office where they will be provided with a one.
- Residents have till February 1, 2017 at 4:00pm to pay their second installment of the real estate and personal property plus the motor vehicle supplemental bills.
- Anyone with other questions or concern can contact the Assessor's office.

Just a reminder that the State of the Town will be next Thursday January 26, 2017 at 6:30pm. It is being held in the Plainville Library Auditorium.