

**PLAINVILLE SENIOR CENTER COMMITTEE ON AGING**  
**APRIL 13, 2023 MEETING MINUTES**

**MEMBERS PRESENT:** *Director: Shawn Cohen, Assistant Director: Ronda Guberman, Sue DesRochers, Joan McBain, Brenda Tella, Charlotte Politis, Betsy Creswell, Soni Sperduti, Kathie Marsan, Kathy Pugliese*

**MEMBERS ABSENT:** *Tina Wishart*

**MEETING WAS OPENED AT** 12:00 PM by *Charlotte Politis*

**THE MEETING WAS OPENED WITH A PRAYER** by *Joan McBain*

**MOTION was made** by *Sue DesRochers* and seconded by *Brenda Tella* (vote unanimous to accept the minutes of March 09, 2023)

**TOWN OF PLAINVILLE TREASURER'S REPORT** read by *Joan McBain*

**MOTION** made by *Sue DesRochers* and seconded by *Charlotte Politis* (vote unanimous to accept the report as read).

**THE SENIOR CENTER STATEMENT OF CASH BALANCE ENDING** March 29, 2023 was read by *Ronda Guberman*

**MOTION:** was made by: *Sue DesRochers* and seconded by *Joan McBain* (vote unanimous to accept the report as read)

**EXPENDITURES:** As read: No discussion or questions.

**MOTION ON EXPENDITURES:** Motion was made by: *Brenda Tella* and seconded by *Joan McBain*.  
(Vote unanimous approving of this expenditure).

**DIRECTORS REPORT**

- A. 50 Year Anniversary in 3 years. Shawn asked COA, "What do we need to be a great Senior Center in the future? Should we look at doing a survey to see what folks want and need?"

Ideas from Committee on Aging

- Physical health
- Exercise day walking
- YMCA or water aerobics
- Exercise with chair of council and other celebrities
- Events for grandparents and grandchildren program (together)
- Physician discussion on how to care for emergency (Local Doctor)
  - Local doctor – when should you call
  - Who are PA, APRN – (in hospital - which doctor)
- Lecture Program with questions regarding insurance, Social Security, Medicare, Medicaid, etc.  
re: concerns; how to navigate the system (all the programs)
  - Discussion continued regarding the cutting of Medicare

- We could use another social worker
  - Program in low-vision & hearing disability. How to cope, possible guest speakers monthly.
    - Brenda and chair instructor to do a Zoom video for visually impaired or blind.
    - Federation of the Blind – Brenda Tella
  - Dementia training programs still of interest to continue. Discussed by Ronda. Expanding to Town Hall employees.
  - Add “when to give up the keys” and what are the options for transportation.
  - More winery trips
  - Increase interest in exercise programs as a “try it out day”
- B. Town of Plainville budget and vote – by Kathy Pugliese. April 25<sup>th</sup> vote / there is a question to be answered on the ballot
- Mill rate voted on at time
- C. Hot Air Balloon Festival looking for volunteers. Sign up on fire department website, Friday and Saturday.
- D. New driver starting April 25; salary is an issue in attracting drivers.
- E. Distributed a list of the majority of upcoming programs in April – July.

**OLD BUSINESS:** Financial Assistant/Volunteer Coordinator job position on Town of Plainville website. Have applicants.

**NEW BUSINESS:**

- COA - make a donation to Senior Center in memory of Sally Miller: in the amount of \$50.00.
- Public health – Plainville South Health District - looking for new board member. 4 meetings per year.

**MOTION TO ADJOURN** was made to adjourn at 1:20 by *Sue DesRochers*, seconded by *Kathy Pugliese*.

**NEXT MEETING**

Thursday, May 11, 2023

12:00 PM

**ALL COA MEETINGS ARE OPEN TO THE PUBLIC**

Minutes by Secretary: *Kathleen Marsan*