PLAINVILLE SENIOR CENTER COMMITTEE ON AGING NOVEMBER 9, 2017 MEETING MINUTES

MEMBERS PRESENT: Director Shawn Cohen, Asst. Director Ronda Guberman, Chairperson Sally Miller, Susan DesRochers, Ann Krupinski, Joan McBain, Soni Speruduti, Tina Wishart, Rosemary Morante (Town Council Liaison)

MEMBERS ABSENT:, Anna Smedick, Rita Dewyea, Marilyn Petit

Meeting was opened at 1:10 by Chairperson Sally Miller. The meeting was opened with a prayer by Joan McBain.

MOTION was made by Susan DesRochers and seconded by Joan McBain (vote unanimous to accept the minutes of Oct. 12, 2017)

TOWN OF PLAINVILLE TREASURER'S REPORT ending October 31, 2017 was read by Joan McBain.

MOTION was made by Tina Wishart and seconded by Ann Krupinski (vote unanimous to accept the report as read)

THE SENIOR CENTER STATEMENT OF CASH BALANCE ending October 31, 2017 was read by Shawn Cohen

MOTION was made by Joan McBain and seconded by Sue DesRochers (vote unanimous to accept the report as read)

EXPENDITURES: None at this time.

DIRECTOR'S REPORT

- 1. <u>Holiday Fair</u> held November 4, 2017 was again very successful. A review of the Fair and a "Thank You" to all volunteers will be held Monday, November 13, 2017 at 3:30 p.m. All pros and cons about the Fair will be reviewed.
- Thanksgiving Dinner, November 23, 2017. George Fensick and Sandi Sasso will be coordinating
 this dinner again this year. Volunteers will pick up seniors in need of a ride and will also deliver
 meals to homebound individuals. The Pines of Bristol will be donating pumpkin and apple pies.
- 3. <u>Christmas Dinner</u>, December 25, 2017. Danielle Rivera will be cooking turkey and ham and all the fixings again this year. The Pines of Bristol will be donating apple and pumpkin pies. Added note: This dinner is for Plainville residents 50-60 years or older only.
- 4. <u>Veterans Luncheon</u> for veterans and their spouses was held Thursday, November 9, 2017. Fifty-three (53) people attended. Navy, Marines, Army and Air Corp were all represented. All vets were given a raffle ticket for a chance to win a beautiful red, white and blue afghan.

- 5. <u>Veterans Coffee Hour</u> December 5, 2017 at 10:30 A.M. Jason Coppola, Veteran's Service Officer from the Office of Advocacy and Assistance will tell how he and Co-Service Officer Peter DiMaria are available to help all vets in securing their benefits.
- 6. <u>Snappy Seniors Photography Show</u> Our Plainville seniors' photography was shown at Apple Rehab on Farmington Avenue in Plainville.
- 7. <u>Upcoming Events</u> Reported by Ronda Guberman
 - a. A special poet's program at the Plainville Library on November 18, 2017. Plainville and Southington Senior Center poetry students wrote poems to correspond with artwork created by Southington artists.
 - Grandparents Raising Grandchildren program continues to grow. The last luncheon meeting was attended by fifteen people. The Statewide Conference meeting is planned for the second Tuesday in May.
 - c. October Kitchen will present at the Center on Thursday November 16, 2017. This program will be to familiarize people about their home-delivery service, which offers specially-planned, nourishing meals for seniors.
 - d. Energy-PURA visit on Tuesday, November 14, 2017. Various choices on energy providers will be presented.
- 8. Three important programs are planned for the future:
 - a. Alzheimer's Prevention Program
 - b. Neuroplasticity Class
 - c. Memory Class

These classes will incorporate brain exercise, socialization, etc.

9. <u>Paint Party</u> – Monday, December 4, 2017 at 2:30 p.m. Paints and canvas will be provided at a fee of \$15.00. This class is open to 20 people only.

OLD BUSINESS - None

NEW BUSINESS - None

ALL COA MEETINGS ARE OPEN TO THE PUBLIC

NEXT COA MEETING: Thursday, December 14, 2017 at 12:00 noon.

<u>MOTION</u> was made to adjourn at 2:15 p.m. by Tina Wishart, seconded by Soni Sperduti. The Vote was unanimous.

Sincerely, Ann Krupinski, Secretary